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Dean’s Message

With the passage of health reform legislation and an expanding health field, there are more opportunities and challenges than ever before for nurses and for the profession. The University of New Mexico College of Nursing is planning to take full advantage of these opportunities and challenges for the betterment of the state and the people of New Mexico. In this first edition of the College’s Annual Report, you will get to learn about the ways we are preparing to face the future of health care.

We now have eight alumni from our PhD program. You will get to meet our most recent graduates for 2009-2010. We are very proud of Dr. Kerri Black and Dr. Cynthia Nuttall and the work they have completed to earn their terminal degrees. The PhD program is totally online and as a result provides access to education for everyone.

You’ve probably heard me mention the critical need for nursing faculty; it is real. The shortage is not only in New Mexico but across the entire country. Without those professionals to educate future nurses, we are at a loss. The College continues its Master of Science in Nursing (MSN) degree with a concentration in Nursing Education to help ensure that we have quality educators for years to come. You will be able to get an inside peek at one of our graduate students and the MSN Education track. Jennifer Lovato, RN, is a driven student, nurse, wife, and mother and is the future of nursing education. It is students like Jennifer who, as she heeds the call to teach, will inspire and lead the next generation of nurses.

There is a huge need for primary care and preventative health care nationwide and especially in New Mexico. It leaves us with an opportunity to meet those needs and better serve our community. Since 1988, faculty members and nursing students have provided direct patient care to medically underserved families. With that, we will introduce to you many of the clinics in which we are working. We have partnered with different entities across the state as well as opened our very first nurse-managed clinic, East Mountain Family Health, in Edgewood, NM, to serve that rural community and the areas surrounding it.

Our vision, as part of a Health Sciences Center, is to work with community partners to help New Mexico make more progress in health and health equity than any other state by 2020. This is truly demonstrated across our College in so many ways. This annual report highlights only a small portion of that. Faculty, staff, and students work every day to move the profession of nursing forward. We are poised to continue meeting the opportunities and challenges that come our way.

Nancy Ridenour, PhD, RN, APRN, BC, FAAN
Professor and Dean
It was by chance that Master of Science in Nursing (MSN) student Jennifer Lovato discovered she enjoyed teaching.

After graduating with her Bachelor of Science in Nursing (BSN) degree from UNM in 2002, Lovato entered the UNM Hospitals (UNMH) Nurse Residency Program to explore opportunities as an emergency room (ER) nurse.

“I was interested in being an ER nurse, and the nurse residency program at UNMH was a great way to learn more about the trauma field,” said Lovato.

Lovato’s career path took a quick turn in a different direction, though, when she needed to move to Taos to help her sick grandfather. While there, she obtained a nursing contract with Holy Cross Hospital, but was eventually sought after to fill a different role.

“Luna Community College needed a clinical instructor for its associate degree nurses,” said Lovato. “Since I had my BSN, they asked me to be the instructor. At first, I wasn’t sure if I could teach, but once I settled in, I learned that I really enjoyed it.”

From that point on, Lovato knew she wanted to pursue a career as a nurse educator and moved back to Albuquerque to obtain her MSN with a concentration in Nursing Education. She also came full circle, taking a nurse educator position with the UNMH Nurse Residency Program.

“Being a first-year nurse resident can be overwhelming,” said Lovato. “I remember that feeling, and I think that helped me relate to the residents and effectively teach them. Wanting to be a nurse is wanting to be a lifelong learner. There is always something new to learn in this field. I put myself in the shoes of the learner and think about how I can relate to the students rather than just being their teacher.”

Lovato plans to graduate with her MSN degree in December 2010 and is interested in teaching students using simulation.

There are currently 58 students enrolled in the MSN in Nursing Education program, the majority of whom are from New Mexico.

“Graduates of the program have numerous career options,” said Dr. Patsy Duphorne, assistant professor at the UNM College of Nursing. “Many of our graduates go on to be educators for many different populations, including students, patients, and hospital staff. There is a great need in New Mexico for nurse educators. An effective teacher makes for an effective learner, and that is needed in the health care system on all levels.”
opportunities to earn a PhD in Nursing haven’t always been so accessible in New Mexico.

For many years, only a few programs existed throughout the country, giving students little to no options in obtaining their doctorate.

With concern over faculty shortages and the need to have more nurses present in the research world, the UNM College of Nursing took initiative to start its own PhD program, and in 2003, UNM’s first-ever PhD in Nursing program was launched.

Since then, there have been eight graduates, and there are currently 47 students enrolled from New Mexico and around the country.

The program’s success is due in large part to being available online. Students are able to complete their coursework on the College of Nursing web site, allowing them to continue their jobs and daily lives outside of college. Students also have the option of attending the program part time.

“We knew it would be hard for people to completely immerse themselves in the program and physically be on campus all the time,” said Dr. Marie Lobo, professor at the UNM College of Nursing. “That’s why our top priority was to have the PhD program available online. People work and have other responsibilities. Online access has proven to be a tremendous success and help to our students.”

Lobo was the dissertation chair to recent PhD graduates Dr. Cynthia Nuttall and Dr. Keri Black. Both can attest to how helpful having the program online was to them. They took full advantage of the online program, as they already had full-time jobs in the nursing field. Nuttall was at the Veterans Administration (VA) Hospital in Albuquerque as the associate chief for nursing service, and Black was working as a nurse practitioner for Albuquerque Health Partners.

In addition to being available online, Nuttall and Black also enjoyed the fact that the program allowed them to explore their specific research interests.

As the chief for nursing service at the VA, Nuttall manages nurse employees. Her interest in nursing has focused primarily on working with employees and managing a staff.

“Most PhD students pick a clinical focus for their dissertation, but UNM allowed me to tailor my PhD experience toward an administrative concentration,” said Nuttall. “The program really allowed me to explore my professional interests.”

As a nurse practitioner, Black had an interest in the health correlates of companion animals and focused her research on companion animal attachment and adolescent loneliness.

“I like that the PhD program promotes the science behind nursing,” said Black. “Nursing is more than interventions. There is science behind what nurses practice.”

Today, Nuttall remains at the VA Hospital as the chief for nursing service, and Black is now an assistant professor at the UNM College of Nursing.

Both graduates are prime examples of what the College of Nursing wants to achieve through its PhD program – produce more doctorate-prepared nurses and have them stay in-state.

“The program’s primary mission is to meet the needs of New Mexico,” said Lobo. “The other part of the mission is to develop nurse researchers and provide the state with more advanced-degree nurses. Cynthia and Keri are outstanding examples of what we hope to gain through our PhD program.”
The University of New Mexico College of Nursing is grateful to the following alumni, friends, corporations, and foundations for their generous gifts and pledges received by the University of New Mexico Foundation.

$50,000+
Sue Daulton
Helene Fuld Health Trust
William Randolph Hearst Foundation
James E. Hesse and Estelle H. Rosenblum
Robert Wood Johnson Foundation
Karen Lovett

$10,000-$49,999
Paul W. and Leigh Ann Albers
New Mexico Educators Federal Credit Union
Thomas A. Plein Foundation

$5,000-$9,999
Anonymous
Ethicon Endo-Surgery, Inc.
Jean Giddens and Jay Corazza
Innovative Educational Resources, LLC.
Louise and Chuck Kiger
Gerald and Barbara Landgraf
Nancy Ridenour
Edwin Roos and Maryann Evans Roos

$1,000-$4,999
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Samuel and Wendy Adamo
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Patricia Boyle
Karen Carlson
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Barry Cole
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Robert and Judith Lindeman
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Robert Wengrod and Kathleen Davis
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H. Thomas Baird
Sara Barron
Mark and Beth Berger
John and Marlena Bermel
Martin and Debra Brady
Kimberly Buckler
Tina Bui
Raul Burgos
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Honor Roll of Donors - July 1, 2009 – June 30, 2010

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Jan Wayland
Keith Christopher and Mary Wright
Melanie Yanke
Audrey Yee
Janet Young

Changing Worlds: The Campaign for UNM is about people taking pride in connecting with something exceptional and inspiring others to change their own worlds—right here, right now. The comprehensive campaign, which began in 2006, is an eight-year effort to raise $675 million dollars for the most significant needs of the University. Each school, college and program has important funding opportunities, and private philanthropy can meet these challenges in profound ways. A Better World Needs You.

Find out more at fromhereworldschange.com.
In October 2010, the UNM College of Nursing participated in a new national campaign to recognize the important work of nurse-managed health clinics, celebrating the 250 nurse-managed clinics that exist nationwide, including UNM’s clinics in Albuquerque and around the state.

Many nurse-managed clinics are affiliated with schools and colleges of nursing and serve as clinical education and practice sites for students and faculty. Some of these clinics also serve as crucial primary care facilities in communities where primary care providers are in short supply.

“Advanced Practice Nurses have made significant contributions to the health of New Mexicans in recent decades,” said Dr. Mary Anderson, associate professor and practice chair at the UNM College of Nursing. “The growth of nurse-managed health centers in New Mexico will provide much-needed access to quality health care into the future.”

The UNM College of Nursing is currently developing more clinics to serve the health care needs of New Mexicans. Right now, there are two clinics in the process of being launched, including one in Sandoval County and a school-based health clinic at ACE Leadership High School, a new charter high school in Albuquerque. These practice sites also provide environments for student clinical education and potential opportunities for practice-based research geared toward improving the health status of New Mexicans.

Here is a look at UNM’s established nurse-managed clinics:

**GEHM Clinics**

Geriatric Education and Health Maintenance (GEHM) Clinics were started in 1988 to provide services to the senior population of Albuquerque and Bernalillo County. There are five locations, which include the Barelas Senior Center, North Valley Senior Center, Los Volcanes Senior Center, Manzano Mesa Senior Center, and the Highland Senior Center. Each clinic provides services such as blood pressure screenings, medical counseling, and health assessments.

**East Mountain Family Health Center**

The East Mountain Family Health Center in Edgewood opened in January 2010 and evolved out of a donated nurse-managed primary care and midwifery practice that had been operating since 2001. The practice was given to the UNM College of Nursing by one of its alumni on moving from New Mexico. East Mountain Family Health Center’s nurse midwife and nurse practitioners provide improved access to midwifery and primary care services to patients of all ages for the surrounding rural communities. In addition to traditional primary care, group visits for select conditions and home-based primary care services for homebound elders and disabled adults are also available.

**Mustang Valley School-Based Health Clinic**

The Mustang Valley Health Center, a clinic based out of Mustang Valley High School in Mountainair, provides accessible health care to the high school students and their families. The clinic recently received a five-star award for its exemplary service to youth in New Mexico.

**Early Head Start**

Early Head Start is a City of Albuquerque program providing early intervention and early childhood education services to underserved families. Through a contract with the city, the College of Nursing works with Early Head Start to provide nursing services. The major focus of these services is to monitor the health and development of children to provide early interventions to health concerns that may persist later on if not addressed. College of Nursing faculty and students provide development assessments, provide health screenings such as hearing tests, and make sure children are updated on immunizations. They also provide referrals for families.
Faculty Publications

Albers, Leah

Cohen, Sally

Elgie, Robert

Escandón, Socorro

Giddens, Jean

Haozous, Emily

Payne, Patricia

Ridenour, Nancy

Salt, Rebekah
The Student Services Team brings together advising, financial aid, student success, and alumni activities to support students collaboratively from before admission to after graduation.

This team provides information about program requirements and financial aid to potential students and invites individuals from groups underrepresented in nursing to events that encourage them to consider nursing as a career. It offers workshops and individual coaching in success skills while students are enrolled and encourages them to stay with the College after graduation as active alumni.

The week before classes start, the team hosts a new student orientation. For the past two terms, the orientation agenda has focused on interaction and connection among students, staff, and faculty. With this objective in mind, the time students are asked to sit at desks listening to presentations is limited. Most of the day is reserved for activities that foster communication and team building, including lunch in small groups with staff and faculty and an information fair in the student lounge. Students like the change, and their comments indicate that we are getting our message across: We are glad they are here and are committed to their success.

Newly admitted nursing students working together to roll a marble from one end of the room to the other without dropping it. The marble represents patients and the trays, healthcare delivery. The purpose of this team-building activity is to make the students aware of the complexities of working together as a team.
College of Nursing and Christus® St. Vincent Renewed RN to BSN Agreement
The UNM College of Nursing and Christus® St. Vincent Regional Medical Center in Santa Fe, NM, renewed their partnership to provide registered nurses (RNs) in the Santa Fe area an on-site Bachelor of Science in Nursing (BSN) degree program through summer term 2010.

Graduates for 2009-2010
The UNM College of Nursing graduated 132 basic BSN, 54 RN to BSN, 49 Master of Science in Nursing (MSN), and 2 Doctor of Philosophy (PhD) students this past year!

Nancy Ridenour Awarded HRSA ARRA Funding
Nancy Ridenour, PhD, RN, APRN, BC, FAAN, dean and professor of the College of Nursing, was awarded Health Resources and Services Administration (HRSA) American Reinvestment and Recovery Act (ARRA) funding for the “Nurse Faculty Loan Program to University of New Mexico.” The purpose of this project is to secure funding for master’s and doctoral students who wish to embark on a career in academia.

Dr. Giddens Awarded Robert Wood Johnson Foundation Grant
Jean Giddens, PhD, RN, executive dean and professor of the UNM College of Nursing received a grant from the Robert Wood Johnson Foundation (RWJF) to study the effectiveness of an online educational program, The Neighborhood. The grant is part of the RWJF’s national initiative that supports evaluations of interventions that expand teaching capacity or promote faculty recruitment and retention in schools of nursing.

Dr. Haozous Accepted to Native Investigator Program
Dr. Emily Haozous, associate professor, UNM College of Nursing, was accepted into the two-year Native Investigator Program of the Native Elder Research Center, Resource Center for Minority Aging Research at the University of Colorado-Denver, in collaboration with the University of Washington.

Dr. Albers Recognized for Midwifery Papers
The Journal of Midwifery and Women’s Health was recently notified by ScienceDirect that three papers by Dr. Leah Albers, professor, UNM College of Nursing, were among the top-25 downloads for the second quarter of 2009. ScienceDirect is the world’s leading full-text scientific database offering articles/chapters from more than 2,500 peer-reviewed journals and more than 10,000 books.

Dr. Parshall Featured in American Thoracic Society News
Dr. Mark Parshall, associate professor, UNM College of Nursing, was featured in the “Who’s Who” section of the American Thoracic Society News. Dr. Parshall was recognized for his research in cardiopulmonary disease and dyspnea. He is currently a co-investigator of a multiple-site R01 grant from the National Institute of Nursing Research to test a theoretical model of how dyspnea is processed.

The Neighborhood Receives Award
The Neighborhood, a virtual community that serves as a learning platform for undergraduate nurses, was selected for Honorable Mention in the Top Teaching Tools Awards 2010 from the Journal of Nursing Education.

UNM College of Nursing Receives $150,000 from Hearst Foundation
The UNM College of Nursing received a $150,000 grant from the Hearst Foundation to create a scholars program for Native American and Hispanic students entering graduate programs. The College of Nursing plans to develop a pipeline for these students, so that once they complete their MSN degrees, they will enter the PhD in Nursing program under the newly developed Health Policy concentration.

Kahn Appointed to State Work Group
Louise Kahn, MSN, CPNP, was appointed to the State of New Mexico Home Visiting Work Group, which has been e-manned by the Office of the Lt. Governor to develop recommendations for a statewide universal system of voluntary home visiting for all newborns in New Mexico.

Dr. Mezie-Grochowski Receives Grant for Inter-disciplinary Study
Robin Mezie-Grochowski, RN, PhD, received a grant to examine the effects of daily meditation on anxiety, depression, pain, and quality of life in community-dwelling older adults who have been diagnosed with postherpetic neuralgia, more commonly known as shingles. This pilot study is supported in part by the Clinical and Translational Science Center, UNM Health Sciences Center.

College of Nursing and School of Medicine Chosen to Participate in Carnegie-Macy Conference
UNM’s College of Nursing and School of Medicine were selected to participate in a national conference designed to develop new models of education that foster interprofessional training and curriculum reform to better prepare the future health care workforce by the Josiah Macy, Jr. Foundation and The Carnegie Foundation for the Advancement of Teaching.

College of Nursing, ROTC Partner to Educate Military Nurses
The UNM College of Nursing and the Air Force, Army, and Navy Reserve Officers’ Training Corps (ROTC) programs at UNM are partnering to help more ROTC students earn nursing degrees. The College has agreed to admit two ROTC students per term on the condition that the students meet College academic acceptance requirements as well as the continuing requirements of the ROTC programs.

Woods Ears Outstanding Teacher Award
UNM recognized 14 outstanding teachers at the annual Teaching Award Ceremony. Among this year’s recipients was P.J. Woods, PhD, RN, Dr. Woods received one of two Outstanding Teacher of the Year Awards.

1959
The class of 1959 is establishing an endowed scholarship in memory of Eleanor King, the first dean of the College of Nursing.

1960s
The class of 1960 celebrated its golden anniversary in May 2009.

1970s
Patricia George, ’73 BSN, took an early retirement from Presbyterian Hospitals in Albuquerque after a 25-year career as a nurse and moved to San Cristobal Island in the Galapagos, where she is opening a luxury bed and breakfast.

Elaine Foreman, ’76 BSN, received an Alum-Ria Award from the UNM Alumni Association.

1980s
Kathy Tilley, ’82 BSN, received the 2009 New Mexico Nursing Excellence Award for Education/Research/Academia.

Margaret Greenberg, ’83 MSN, received the 2009 New Mexico Nursing Excellence Legend of Nursing Award.

Linda Griego-Martinez, ’84 BSN, ’91 MSN, was elected to the national board of directors for the American Association of Critical Care Nurses.

1990s
Anita McDonald, ’90 BSN, retired from nursing and published her first book, Trailer Trash.

Melissa Gallegos Ybarra, ’91 BSN, joined Nurse Advice New Mexico in Albuquerque.

Patricia Boyle, ’91 MSN, received the 2009 Distinguished Alumni Award from the UNM College of Nursing.

Roann Sexon, ’96 BSN, was promoted by ABQ Health Partners to senior vice-president of operations.

Cynthia Greenberg, ’97 BSN, received the School Nurse of the Year award from Albuquerque Public Schools.

Kimberlee Manning-Maestas, ’98 BSN, ’94 MSN, received a 2009 New Mexico Nursing Excellence Award for Advanced Practice.

2000s
Fatemeh Mansoori, ’00 BSN, ’04 MSN, opened up her own practice, Southwest Medical Clinic, in Bosque Farms, NM.

Cynthia J. Martinez, ’03 BSN, received an Excellence in Nurse Management/Emerging Leadership Award, presented by Presbyterian Healthcare Services in Albuquerque.

Heather Howard, ’04 BSN, received an Alum-Ria Award from the UNM Alumni Association.

Melissa Lopez, ’06 BSN, was married to Favian Sedillo this past year.